

**LOVE  
BADMINTON**



# BADMINTON ORGANISED SESSIONS

**Mondays**  
19.40 - 21.00



community  
badminton  
network

**Mondays**  
14.00 - 16.00

**Thursdays**  
09.30 - 12.00

**young  
at heart**  
(over 55 years)

*no strings  
badminton*



**Fridays**  
10.00 - 12.00

**racket  
morning**

*no strings  
badminton*



**Thursdays**  
16.40 - 17.40

The  
**Racket Pack**



basingstoke  
**flyers**  
junior badminton club

**Wednesdays**  
17.20 - 18.20

**KIDS BADMINTON**

**school  
holiday**  
courses

**OVER 12 HOURS OF ORGANISED BADMINTON**

For information on any of the above sessions, please contact our  
BADMINTON ENGLAND qualified coach, Simon Ellis on:

01256 302224

[simon.ellis@mybst.org](mailto:simon.ellis@mybst.org)

**& CASUAL BOOKINGS AVAILABLE**



# WEEKLY BADMINTON ORGANISED SESSIONS



no strings  
badminton 

## Racket Morning

Fridays

10.00 - 12.00

[www.mybst.org/basingstoke/more/rackets/badminton](http://www.mybst.org/basingstoke/more/rackets/badminton)

Price: £6.30 for adults / £4.20 for seniors

## Young at Heart Over 55 years

Mondays

14.00 - 16.00

Thursdays

09.30 - 12.00

[www.mybst.org/basingstoke/seniors/young-heart](http://www.mybst.org/basingstoke/seniors/young-heart)

Price: £4.20

## Community

Mondays

19.40 - 21.00

## Badminton Network

[www.facebook.com/CBNBasingstoke](http://www.facebook.com/CBNBasingstoke)

Price: £3.50 per session

## Thursday's

Thursdays

16.40 - 17.40

## The Racket Pack Badminton Course

For 6 - 10 year olds who are complete beginners

[www.badmintonengland.co.uk/racket-pack](http://www.badmintonengland.co.uk/racket-pack)

These sessions are run as courses throughout the year and are bookable in advance at Reception.

## Basingstoke Flyers 8 - 18 years

(For players of all abilities)

## Junior Badminton Club

Wednesdays

17.20 - 18.20

[www.mybst.org/basingstoke/juniors/junior-badminton](http://www.mybst.org/basingstoke/juniors/junior-badminton)

These sessions are run as courses throughout the year and are bookable in advance at Reception.

For more information and to book, please contact Reception on: 01256 326331 or visit our website [mybst.org](http://mybst.org)

for more information on any of the sessions, please contact  
Simon Ellis on: 01256 302224 or email [simon.ellis@mybst.org](mailto:simon.ellis@mybst.org)