



## NATIONAL POOL LIFEGUARD QUALIFICATION

at Basingstoke Sports Centre

# Interested in becoming a lifeguard?

The course requires that you are a competent swimmer, able to swim 100m whilst wearing shorts and a t-shirt. Aged 16 years or over.

### 2021 Course Dates

1st - 6th June 2021

5th - 10th July 2021

12th - 17th July 2021



[mybst.org/training](https://mybst.org/training)

For more information on our courses or to book a place, contact Sally Starbuck  
email: [sally.starbuck@mybst.org](mailto:sally.starbuck@mybst.org)

**RLSS UK RESCUE**

