



basingstoke sports centre

Easter Holiday & Term Time Junior Activities



mybst.org



Junior Badminton

For children aged 8 - 16 years

Half Term Holiday

Badminton Taster Drop-in Sessions

Play badminton in a fun and safe environment. The session includes coaching and games and is run by our qualified Badminton England Coach.

Tuesday 3rd or Wednesday 4th April

11.00 - 12.00

Price: £5.00*

*Members
receive
10% discount

Term-Time

Basingstoke Flyers Junior Badminton Club

6 week course available

Play matches and games with our Badminton England coach, for children of all abilities.

Wednesday 18th April - Wednesday 23rd May

17.20 - 18.20

Price: £30.00

+ £10.00 Annual Club Fee
(payable on first session)

BOOK NOW! at Reception on 01256 326331

For more information on Junior Badminton, please contact
Simon Ellis t: 01256 302224 e: simon.ellis@mybst.org



Jungle Adventure Easter Party



for children under 7 years.

Thursday 22nd March

13.00 - 14.30 Price: £ 3.85 per Child

Non-refundable

Please note: On this day the Fun Tots session will **NOT** run. It will be replaced as the Easter Party. Tickets for this event **MUST** be booked at Reception. Limited spaces. for more information, please pick up a leaflet or visit our website

Easter Fun Tot Times

Good Friday	09.00 - 12.00	under 7's
Easter Saturday	09.15 - 11.15	under 5's
Easter Sunday	09.00 - 12.00	under 7's
Easter Monday	09.00 - 12.00	under 7's

Price:
£3.65
per child



Are you ready for the challenge!

9 - 14 Years

6 WEEK COURSES

available

*Members receive

10% discount



Half Term Holiday

Holiday Drop-in classes

Thursday 5th April

& Friday 6th April

&

Thursday 12th April

& Friday 13th April

11.15 - 12.15

Price: £3.80*

per session

Term Time

Thursday 19th April -

Thursday 24th May

and

Friday 20th April -

Friday 25th May

16.25 - 17.25

Price: £22.80*

for the course

BOOK NOW! at Reception on 01256 **326331**



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FAMILY >>>

BOOTCAMP

>>> **COURSE**

Are you ready for the challenge?

SUNDAYS

11.10 - 12.00

**from 15th April
to 27th May**

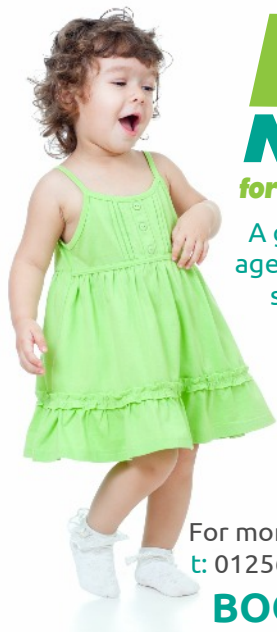
Come along to our Family Bootcamp Sessions and get fit with our qualified Instructor.

(suitable for children aged 8 and over)

All children **MUST** be accompanied by an adult.

BOOK NOW!

at Reception on 01256 **326331**



Mini Movers

for Pre-school Children aged 2 years & over

A great introduction to exercise for pre-school children aged 2 years and over. Join our qualified childrens fitness specialist for sessions of make believe, imagination, movement and most importantly FUN!

Parents **MUST** stay in the Centre.

Thursday 19th April -
Thursday 24th May

11.00 - 11.30

For more information Mini Movers please contact **Sophie hughes**
t: 01256 302205 e: sophie.hughes@mybst.org

BOOK NOW! at Reception on 01256 326331

6 WEEK COURSE

*Members receive 10% discount

***£15.00**

***All our courses are bookable in advance at Reception: 01256 326331**



Family Pedal Course

SATURDAYS

12.10 - 12.40

**from Saturday 21st April
to Saturday 26th May**

**Suitable for children aged 12 years and up! (Min height 150cm)
All children MUST be accompanied by an adult.**

Family Pedal is a fun 30 minute session designed for children & adults. It's a cardiovascular workout, focusing on strengthening legs, core and lower back, creating a safe fun exercise session for all abilities.

For more information, please contact Sophie Hughes on:
t: 01256 302205 or e: sophie.hughes@mybst.org

BOOK NOW! at Reception on 01256 326331

6 WEEK COURSE
£12.00*
per Person
*10% discount for members



Weekly Football

Quality coaching delivered by a FA qualified trainer, with sessions specially designed to improve all round football ability. Sessions available on Saturday and Sundays throughout the year.

Saturday	Elite Strikers	9 - 11 years	09.20 - 10.20
Saturday	Mega Strikers	5½ - 8 years	10.20 - 11.20
Sunday	Striker Tots	2 - 3½ years	09.05 - 09.50
Sunday	Super Strikers	3½ - 4½ years	10.00 - 10.45
Sunday	Junior Strikers	4½ - 5½ years	10.55 - 11.40
Sunday	Super Striker Tots	2 - 4 years	12.15 - 13.00

Book now with Glenn Brailey

t: 07775 965703

e: glennbrailey@hotmail.co.uk

www.soccerstrikers.co.uk



RLSS UK National Pool Lifeguard Qualification

Interested in becoming a lifeguard? This course requires that you are a competent swimmer, 16 years and over and to swim 100m whilst wearing shorts and a t-shirt.

Tuesday 29th May - Sunday 3rd June

08.30 - 17.00 Price: £210 Members/students Price: £200

For further information about our course dates, please check our website or contact **Gareth Lewis**
t: 01256 302219 e: gareth.lewis@mybst.org





KIDS PARTIES

BOOK a Party and get **EXCLUSIVE USE**
in Jungle Adventure Softplay

For more information, please pick up a Party leaflet, visit our website: mybst.org/parties
or contact: Alicia Mackrell t: 01256 302224 e: alicia.mackrell@mybst.org



£24.00
per course

gymwise

beginners gym courses

6 WEEK COURSE

17.00 - 18.00

**Saturday 21st April
- Saturday 26th May**

for 12 - 25 year olds with additional needs

Basingstoke Sports Centre are running sessions for Children and Young Adults with additional needs. Sessions will be focused on functional and resistance based exercises which will help with everyday movement and co-ordination. This will increase physical activity, introduce them to the gym environment and most importantly - participants will have fun!

for more information about Gymwise sessions,
please contact Sophie Hughes on:
t: 01256 302205 or e: sophie.hughes@mybst.org



JUNGLE ADVENTURE

S O F T P L A Y

at Basingstoke Sports Centre

Two Tier Play Structure
Ball Pond
Soft Obstacles
Jungle Slide

Jungle Soft Play
Soft Animals and Objects
Soft Building Blocks
Bouncy Castle*

Gym Tots

WEEKDAY MORNINGS

Structured play sessions with
Song Time and Bouncy Castle

£3.95

Fun Tots

WEEKDAY AFTERNOONS & SATURDAY MORNINGS

Open play sessions

£3.65

Jungle Adventure Soft Play is the perfect play destination for under 7's in Basingstoke. With our two tier play structure and large soft play area, children can interact and engage with their parents/guardians as well as other children in a brilliant jungle themed play area.

For more information, please see Jungle Adventure Softplay Leaflet.

Jungle Adventure
Basingstoke Sports Centre
Festival Place, Basingstoke

mybst.org/play

01256 326331

*During Gym Tots sessions only