

# **FUN FAMILY FITNESS SESSION**

at Basingstoke Sports Centre



Every Sunday in  
the Teaching Pool



## **SPLASH START!!**

your summer Sundays with an energetic fun fitness session in the water for the whole family. Join Nik for 30 minutes of jumping, sharking and ball play.

Suitable for children over 1.1metre tall. Children **MUST** be accompanied by an adult.

**DATE:** Sunday 4th August to Sunday 1st September

**TIME:** 09.00 - 09.30 or 09.35 - 10.05

**PRICE:**

**£2.00**

*per session*

**LIMITED  
SPACES!!**

For more information or to book a place contact Reception on 01256 **302230**  
[mybst.org](http://mybst.org)