

Private lessons available weekly
from **Saturday 31st July**

Unleash your inner Ariel or King Triton in a fun and exciting course designed to teach you water safety in a unique way, all while developing your swimming techniques!

Lessons will run every Saturday at the following times & teachers:

09:00 - 09:30 with Martin

10:00 - 10:30 with Martin

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10:30 - 11:00 with Jackie



Accredited CPD

Should these classes be booked, more classes may come available in the following weeks.

£30 a lesson including hire of a Junior sized Monofin and tail!

You must be at least Green Advanced level, able to swim 25metres of Frontcrawl, 15metres of Butterfly (dolphin) kick and perform a basic tread water.

To book, please call swim school on **01256 302204** or email **dolphin@mybst.org**