



# Learn a vital skill

Thursday 12th August

Thursday 19th August

Thursday 26th August

13.00 - 15.00

For children & young adults aged 8 - 14 years.

Learn how to administer basic first aid, the sessions are instructed by our qualified First Aid Trainer.

Book Now at Reception 01256 302230

£9 PER SESSION  
\*10% discount for Members











