



basingstoke sports centre

JUNIOR PEDAL

SESSIONS & COURSES SUMMER & TERM TIME HOLIDAY

Wednesdays (Drop In)

26th July - 30th August

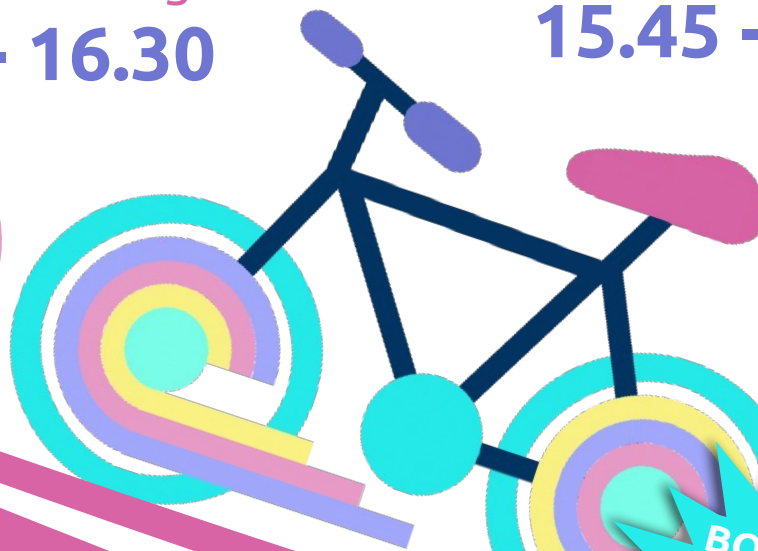
15.45 - 16.30

6 WEEK COURSE

Wednesdays

6th September - 11th October

15.45 - 16.30



For 12 -14 year olds
(Min height 150cm)

Junior Pedal is a fun 30 minute session designed for children. Its a cardiovascular workout, focusing on strengthening legs, core and lower back, creating a safe fun exercise session for children of all levels.



***10% discount
for members**

for more information, please contact
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