

**NEW**



# Mini Movers

for Pre-school Children  
aged 2 years & over

**5 WEEK  
COURSE**

**\*£12.50**  
Receive 10%  
discount Members

**Thursday 20th September  
- Thursday 18th October**

**11.00 - 11.30**

A great introduction to exercise for pre-school children aged 2 years and over.

Join our qualified childrens fitness specialist for sessions of make believe, imagination, movement and most importantly FUN!

**Parents MUST stay in the Centre.**

**BOOK NOW!** at Reception on 01256 **302230**

For more information, please contact Sophie Hughes on: t: 01256 302205 or e: [sophie.hughes@mybst.org](mailto:sophie.hughes@mybst.org)

[mybst.org](http://mybst.org)

