

Pool Timetable Term Time

25m Main Pool

MON	06:30-07:30 Lane Swimming	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming Private Lessons		10:00-12:00 School Swimming	12:00-13:00 Lane Swimming Private Lessons	13:00-13:55 Lane Swimming Private Lessons	14:00-15:45 School Swimming	16:00-17:30 Swim School	17:30-18:55 Lane Swimming	19:00-20:00 Adult Swim School	20:00-20:45 Aquafit		
TUE	06:30-07:30 Lane Swimming	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming Private Lessons		10:00-11:00 Adult Swim School	11:05-11:50 Aquafit	12:00-13:00 Lane Swimming Private Lessons	13:00-13:55 Lane Swimming Private Lessons	14:00-15:00 Senior Swimming	Private Lessons	16:00-17:30 Swim School	17:30-18:45 Lane Swimming	18:45-21:15 Bluefins	
WED	06:30-07:30 Lane Swimming	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming	09:30-10:30 Relaxed Lane Swim*		11:00-12:00 Lane Swimming	12:00-13:00 Lane Swimming	13:00-13:55 Lane Swimming	14:00-15:00 School Swimming	Private Lessons	16:00-17:30 Swim School	17:30-18:55 Lane Swimming	19:00-19:45 Squad	20:00-21:00 Lane Swimming
THU	06:30-07:30 Lane Swimming Bluefins	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming Private Lessons		10:00-11:00 School Swimming	11:00-12:00 Lane Swimming	12:00-13:00 Lane Swimming	13:00-13:55 Lane Swimming	14:00-14:45 Aquafit	Private Lessons	16:00-17:30 Swim School	17:30-18:30 Lane Swimming	18:30-19:15 Squad	19:20-21:00 Coaching & Lane Swimming
FRI	06:30-07:30 Lane Swimming	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming Private Lessons		10:00-12:00 School Swimming	12:00-13:00 Lane Swimming	13:00-13:55 Lane Swimming	14:00-15:30 School Swimming	Private Lessons	16:00-17:30 Swim School	17:30-18:55 Lane Swimming		19:00-21:00 Bluefins	
SAT			08:15-09:00 Squad	09:00-13:00 Swim School				13:00-14:30 Lane Swimming	14:45-15:30 Family Swim	15:45-16:30 Family Swim	16:45-17:45 Available for Hire			
SUN			08:00-09:00 Lane Swimming	09:00-10:00 Lane Swimming	10:00-11:00 Lane Swimming	11:15-12:00 Family Swim	12:15-13:00 Family Swim	13:15-14:00 Family Swim	14:15-15:00 Family Swim	15:30-17:30 Swim School			Staff Training	

Teaching Pool

MON			10:00-11:00 School Swimming		11:30-12:30 Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	14:00-15:30 School Swimming	Private Lessons	16:00-18:00 Swim School	18:00-19:00 Adult Swim School	Private Lessons
TUE			09:30-11:00 Little Fishes		11:00-12:30 Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	Private Lessons	Private Lessons	16:00-18:30 Swim School		Private Lessons
WED			09:30-11:00 Little Fishes		11:00-12:30 Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	14:00-15:00 School Swimming	Private Lessons	16:00-18:30 Swim School		Private Lessons
THU				10:00-11:00 School Swimming	11:00-12:30 Little Fishes & Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	14:00-14:45 Family Swim	Private Lessons	16:00-18:30 Swim School		Private Lessons
FRI			09:30-11:00 Little Fishes		11:00-12:30 Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	14:00-15:30 School Swimming	Private Lessons	16:00-19:00 Swim School		Private Lessons
SAT		08:00-10:00 Little Fishes		10:00-13:30 Swim School				13:45-14:30 Family Swim	14:45-15:30 Family Swim	15:45-16:30 Family Swim	16:45-17:45 Available for Hire	Private Lessons
SUN		08:00-11:00 Swim School			11:15-12:00 Family Swim	12:15-13:00 Family Swim	13:15-14:00 Family Swim	14:15-15:00 Family Swim		15:30-17:30 Swim School		Private Lessons



Lane swimming book in advance at: www.mybst.org or call reception on 01256 302230

Private lessons and swim lesson enquiries contact Swim School at: dolphin@mybst.org

Family Swim 1 member to book a family swim. Exclusive section of the pool, bookable in advance at reception

Main pool up to 5 swimmers per family. Teaching pool up to 4 swimmers per family.

***Relaxed Lane Swim** Suitable for those with additional needs & their carers, and less confident swimmers.

Available for Hire to book call Reception on 01256 302230