

# Pool Timetable 2nd - 22nd Aug

## 25m Main Pool

<b>MON</b>	06:30-07:25 Lane Swimming	07:30-08:25 Lane Swimming	08:30-09:25 Lane Swimming	09:30-10:15 Lane Swimming	10:20-11:05 Family Swim	11:10-11:55 Family Swim	12:00-12:55 Lane Swimming	13:00-13:55 Lane Swimming	14:10-14:55 Family Swim	15:00-16:00 Crash Courses	16:00-17:30 Swim School	17:30-18:55 Lane Swimming	19:00-20:00 Adult Swim School	20:00-21:00 Lane Swimming
<b>TUE</b>	06:30-07:25 Lane Swimming	07:30-08:25 Lane Swimming	08:30-09:25 Lane Swimming		10:00-11:00 Adult Swim School	11:00-11:45 AquaFit	12:00-12:55 Lane Swimming	13:00-13:55 Lane Swimming	14:00-15:00 Senior Swimming	15:00-16:00 Crash Courses	16:00-17:30 Swim School	17:30-18:55 Lane Swimming	19:00-21:00 Bluefins	
<b>WED</b>	06:30-07:25 Lane Swimming	07:30-08:25 Lane Swimming	08:30-09:25 Lane Swimming	09:30-10:30 Relaxed Lane Swim*	10:35-11:20 Family Swim		12:00-12:55 Lane Swimming	13:00-13:55 Lane Swimming	14:10-14:55 Family Swim	15:00-16:00 Crash Courses	16:00-17:30 Swim School	17:30-18:55 Lane Swimming	19:00-19:45 Squad	20:00-21:00 Lane Swimming
<b>THU</b>	06:30-07:25 Lane Swimming	07:30-08:25 Lane Swimming	08:30-09:25 Lane Swimming	09:30-10:15 Lane Swimming	10:20-11:05 Family Swim	11:10-11:55 Family Swim	12:00-12:55 Lane Swimming	13:00-13:55 Lane Swimming	14:00-14:45 AquaFit	15:00-16:00 Crash Courses	16:00-17:30 Swim School	17:30-18:15 Squad	18:30-20:00 Lane Swimming	Private Lessons
<b>FRI</b>	06:30-07:25 Lane Swimming	07:30-08:25 Lane Swimming	08:30-09:25 Lane Swimming	09:30-10:15 Lane Swimming	10:20-11:05 Family Swim	11:10-11:55 Family Swim	12:00-12:55 Lane Swimming	13:00-13:55 Lane Swimming	14:10-14:55 Family Swim	15:00-16:00 Crash Courses	16:00-17:30 Swim School	17:30-18:55 Lane Swimming	19:00-21:00 Bluefins	
<b>SAT</b>			08:15-09:00 Squad	09:00-13:00 Swim School				13:00-14:00 Lane Swimming	14:10-14:55 Family Swim	15:00-15:45 Family Swim	15:50-16:35 Family Swim	16:45-17:45 Available for Hire		
<b>SUN</b>		08:00-08:55 Lane Swimming	09:00-09:55 Lane Swimming	10:00-10:55 Lane Swimming	11:00-11:45 Family Swim	12:10-12:55 Family Swim	13:00-13:45 Family Swim	13:50-14:35 Family Swim	14:40-15:25 Family Swim	15:30-17:30 Swim School			Staff Training	

## Teaching Pool

<b>MON</b>		09:30-10:15 Family Swim	10:20-11:05 Family Swim	11:30-12:30 Swim School	12:30-13:15 Family Swim	13:20-14:05 Family Swim	14:10-14:55 Family Swim	15:00-16:00 Crash Courses	16:00-18:00 Swim School	18:00-19:00 Adult Swim School	Private Lessons
<b>TUE</b>		09:30-11:00 Little Fishes		11:00-12:30 Swim School	12:30-13:15 Family Swim	13:20-14:05 Family Swim	14:10-14:55 Family Swim	15:00-16:00 Crash Courses	16:00-18:30 Swim School		Private Lessons
<b>WED</b>		09:30-11:00 Little Fishes		11:00-12:30 Swim School	12:30-13:15 Family Swim	13:20-14:05 Family Swim	14:10-14:55 Family Swim	15:00-16:00 Crash Courses	16:00-18:30 Swim School		Private Lessons
<b>THU</b>			10:00-10:45 Family Swim	11:00-12:30 Little Fishes & Swim School	12:30-13:15 Family Swim	13:20-14:05 Family Swim	14:10-14:55 Family Swim	15:00-16:00 Crash Courses	16:00-18:30 Swim School		Private Lessons
<b>FRI</b>		09:30-11:00 Little Fishes		11:00-12:30 Swim School	12:30-13:15 Family Swim	13:20-14:05 Family Swim	14:10-14:55 Family Swim	15:00-16:00 Crash Courses	16:00-19:00 Swim School		Private Lessons
<b>SAT</b>		08:00-10:00 Little Fishes		10:00-13:30 Swim School			14:10-14:55 Family Swim	15:00-15:45 Family Swim	15:50-16:35 Family Swim	16:45-17:45 Available for Hire	
<b>SUN</b>		08:00-11:00 Swim School		11:00-11:45 Family Swim	12:10-12:55 Family Swim	13:00-13:45 Family Swim	13:50-14:35 Family Swim	14:40-15:25 Family Swim	15:30-17:40 Swim School		



**Lane swimming book in advance at: [www.mybst.org](http://www.mybst.org) or call reception on 01256 302230**

**Private lessons and swim lesson enquiries contact Swim School at: [dolphin@mybst.org](mailto:dolphin@mybst.org)**

**Family Swim** 1 member to book a family swim. Exclusive section of the pool, bookable in advance at reception  
Main pool up to 5 swimmers per family. Teaching pool up to 4 swimmers per family.

**\*Relaxed Lane Swim** Suitable for those with additional needs & their carers, and less confident swimmers.

**Available for Hire** to book call Tom Blakeley, Swimming Development Manager on 01256 302208 or email [tom.blakeley@mybst.org](mailto:tom.blakeley@mybst.org)