

## 25m Main Pool

MON	06:30-07:30 Lane Swimming	07:45-08:45 Lane Swimming	09:30-10:30 School Swimming	11:30-12:30 Lane Swimming	12:45-13:45 Lane Swimming	14:00-15:30 School Booking	15:30-17:40 Private Lessons	16:00-17:35 Swim School	17:45-18:45 Lane Swimming	18:55-19:55 Adult Swim School 19:00-20:00 Private Lessons
TUE	06:30-07:30 Lane Swimming	07:45-08:45 Lane Swimming	10:00-10:45 AquaFit	11:00-12:00 Adult Swim School	12:45-13:45 Lane Swimming	14:00-14:45 Senior Swimming	15:00-17:40 Private Lessons	16:00-17:35 Swim School	17:45-18:45 Lane Swimming	19:00-20:00 Bluefins
WED	06:30-07:30 Lane Swimming	07:45-08:45 Lane Swimming	09:30-10:30 Additional Needs Yellow	11:30-12:30 Lane Swimming	12:45-13:45 Lane Swimming	14:00-17:40 Private Lessons		16:00-17:35 Swim School	17:45-18:45 Lane Swimming	19:00-19:45 Squad
THU	06:30-07:30 Lane Swimming	07:45-08:45 Lane Swimming	09:30-10:30 School Swimming	11:30-12:30 Lane Swimming	12:45-13:45 Lane Swimming	14:00-14:45 AquaFit	15:00-17:40 Private Lessons	16:00-17:35 Swim School	17:45-18:30 Squad	18:45-19:45 Lane Swimming
FRI	06:30-07:30 Lane Swimming	07:45-08:45 Lane Swimming	09:30-10:30 School Swimming	11:30-12:30 Lane Swimming	12:45-13:30 Lane Swimming	14:00-15:15 School Booking	15:30-17:40 Private Lessons	16:00-17:35 Swim School	17:45-18:45 Lane Swimming	18:55-20:00 Private Lessons
SAT		08:15-09:00 Squad	09:00-13:05 Swim School		13:15-14:15 Lane Swimming	14:30-15:30 Family Swim	15:45-16:45 Family Swim		17:00-18:00 Available for Hire*	
SUN		08:00-09:00 Lane Swimming	09:30-10:30 Lane Swimming	11:00-12:00 Family Swim	12:30-13:30 Family Swim	14:00-15:00 Family Swim	15:30-17:40 Swim School			
			09:00-13:00 Private Lessons			15:30-18:00 Synchronised Swimming				
						13:30-18:00 Private Lessons				

## Teaching Pool

MON			09:30-10:30 School Swimming	11:30-12:30 Swim School	12:45-13:45 Family Swim	14:00-15:30 School Booking	15:30-16:00 Private Lessons	16:00-17:35 Swim School	17:45-18:45 Adult Swim School	19:00-20:00 Private Lessons
TUE			09:30-11:00 Little Fishes Swim School	11:00-12:35 Swim School	12:45-13:45 Family Swim	14:00-15:00 Family Swim	15:00-16:00 Private Lessons	16:00-18:45 Swim School		19:00-20:00 Private Lessons
WED			09:30-11:00 Little Fishes Swim School	11:00-12:35 Swim School	12:45-13:45 Family Swim	14:00-15:00 Family Swim	15:00-16:00 Private Lessons	16:00-18:45 Swim School		19:00-20:00 Private Lessons
THU			09:30-10:30 School Swimming	11:00-12:25 Little Fishes Swim School	12:45-13:45 Family Swim	14:00-15:00 Family Swim	15:00-16:00 Private Lessons	16:00-18:45 Swim School		19:00-20:00 Private Lessons
FRI			09:30-11:00 Little Fishes Swim School	11:00-12:35 Swim School	12:45-13:30 Family Swim	14:00-15:15 School Booking	15:00-20:00 Private Lessons		16:00-19:20 Swim School	
SAT		08:00-10:10 Little Fishes Swim School	10:20-13:40 Swim School			14:00-14:30 Private Lessons	14:30-15:30 Family Swim	15:45-16:45 Family Swim	17:00-18:00 Available for Hire*	
SUN		08:00-10:10 Swim School	Private Lessons	11:00-12:00 Family Swim	12:30-13:30 Family Swim	14:00-15:00 Family Swim	15:30-17:40 Swim School			
		08:00-11:00				13:30-18:00 Private Lessons				



**Advance booking only:** [www.mybst.org](http://www.mybst.org) or call reception on 01256 302230

**Private lessons and Crash courses call Swim school on 01256 302204**

**Family Swim** 1 member to book a family swim. Exclusive section of the pool, please call reception  
Main pool up to 6 swimmers per Family Teaching pool up to 5 swimmers per family

**Available for Hire** to book call Tom Blakeley, Swimming Development Manager on 01256 302208 or email [tom.blakeley@mybst.org](mailto:tom.blakeley@mybst.org)