

# Pool Timetable Term Time

## 25m Main Pool

<b>MON</b>	06:30-07:30 Lane Swimming	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming Private Lessons		10:00-12:00 School Swimming	12:00-13:00 Lane Swimming Private Lessons	13:00-13:55 Lane Swimming Private Lessons	14:00-15:45 School Swimming	16:00-17:30 Swim School	17:30-18:55 Lane Swimming	19:00-20:00 Adult Swim School	20:05-20:50 Aquafit		
<b>TUE</b>	06:30-07:30 Lane Swimming	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming Private Lessons		10:00-11:00 Adult Swim School	11:05-11:50 Aquafit	12:00-13:00 Lane Swimming Private Lessons	13:00-13:55 Lane Swimming	14:00-15:00 Senior Swimming	Private Lessons	16:00-17:30 Swim School	17:30-18:45 Lane Swimming	18:45-21:15 Bluefins	
<b>WED</b>	06:30-07:30 Lane Swimming	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming	09:30-10:30 Relaxed Lane Swim*		11:00-12:00 Lane Swimming	12:00-13:00 Lane Swimming	13:00-13:55 Lane Swimming	14:00-15:00 School Swimming	Private Lessons	16:00-17:30 Swim School	17:30-18:55 Lane Swimming	19:00-19:45 Squad	20:00-21:00 Lane Swimming
<b>THU</b>	06:30-07:30 Lane Swimming Bluefins	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming Private Lessons		10:00-12:00 School Swimming	12:00-13:00 Lane Swimming Private Lessons	13:00-13:55 Lane Swimming	14:00-14:45 Aquafit	Private Lessons	16:00-17:30 Swim School	17:30-18:30 Lane Swimming	18:30-19:15 Squad	19:20-21:00 Coaching & Lane Swimming	
<b>FRI</b>	06:30-07:30 Lane Swimming	07:30-08:30 Lane Swimming	08:30-09:30 Lane Swimming			11:00-12:00 Lane Swimming	12:00-13:00 Lane Swimming	13:00-13:55 Lane Swimming	14:00-15:30 School Swimming	Private Lessons	16:00-17:30 Swim School	17:30-18:55 Lane Swimming	19:00-21:00 Bluefins	
<b>SAT</b>			08:15-09:00 Squad	09:00-13:00 Swim School			13:00-14:30 Lane Swimming		14:45-15:30 Family Swim	15:45-16:30 Family Swim	16:45-17:45 Available for Hire			
<b>SUN</b>			08:00-09:00 Lane Swimming	09:00-10:00 Lane Swimming	10:00-11:00 Lane Swimming	11:15-12:00 Family Swim	12:15-13:00 Family Swim	13:15-14:00 Family Swim	14:15-15:00 Family Swim	15:30-17:30 Swim School			Staff Training	

## Teaching Pool

<b>MON</b>			10:00-11:00 School Swimming		11:30-12:30 Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	14:00-15:30 School Swimming	Private Lessons	16:00-18:00 Swim School	18:00-19:00 Adult Swim School	Private Lessons
<b>TUE</b>		09:30-11:00 Little Fishes		11:00-12:30 Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	Private Lessons			16:00-18:30 Swim School		Private Lessons
<b>WED</b>		09:30-11:00 Little Fishes		11:00-12:30 Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	14:00-15:00 School Swimming	Private Lessons		16:00-18:30 Swim School		Private Lessons
<b>THU</b>			10:00-11:00 School Swimming	11:00-12:30 Little Fishes & Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	Private Lessons			16:00-18:30 Swim School		Private Lessons
<b>FRI</b>		09:30-11:00 Little Fishes		11:00-12:30 Swim School	12:30-13:15 Family Swim	13:15-14:00 Family Swim	14:00-15:30 School Swimming	Private Lessons		16:00-18:30 Swim School		Private Lessons
<b>SAT</b>	08:00-10:00 Little Fishes		10:00-13:30 Swim School			13:45-14:30 Family Swim	14:45-15:30 Family Swim	15:45-16:30 Family Swim	16:45-17:45 Available for Hire			
<b>SUN</b>	08:00-11:00 Swim School			11:15-12:00 Family Swim	12:15-13:00 Family Swim	13:15-14:00 Family Swim	14:15-15:00 Family Swim		15:30-17:30 Swim School			



**Lane swimming book in advance at: [www.mybst.org](http://www.mybst.org) or call reception on 01256 302230**  
**Private lessons and swim lesson enquiries contact Swim School at: [dolphin@mybst.org](mailto:dolphin@mybst.org)**

**Family Swim** 1 member to book a family swim. Bookable in advance at reception

Main pool up to 5 swimmers per family. Teaching pool up to 4 swimmers per family.

**\*Relaxed Lane Swim** Suitable for those with additional needs & their carers, and less confident swimmers.

**Available for Hire** to book call Reception on 01256 302230