

# SUMMER POOL PROGRAMME 2018

## Monday 30th July - Monday 20th August 2018

1



MAIN POOL

<b>Mon</b> 30/07 06/08 13/08 20/08	<b>06.35 - 07.00 Members Only 06.00 on Tuesdays</b>	07.00 - 08.55 4 Lane Swimming & Double Slow Lane	09.00 - 10.30 Crash Courses	10.30 - 11.00 Private Lessons	11.00 - 12.00 4 Lane Swimming & Casual	12.00 - 14.00 4 Lane Swimming & Casual	14.00 - 15.30 Casual Swim	15.30 - 16.00 Private Lessons	16.00 - 17.45 Swim School	17.45 - 18.30 6 Lane Swim	18.30 - 20.30 Swim School	20.30 - 21.30 Adult Fitness Training	
<b>Tue</b> 31/07 07/08 14/08		07.00 - 08.55 4 Lane Swimming & Casual 06.00 Members Only	09.00 - 10.30 Crash Courses	10.30 - 11.00 Private Lessons	11.05 - 11.50 AquaFit	12.00 - 14.00 4 Lane Swimming & Casual	14.00 - 14.30 Private Lessons	14.30 - 15.30 Senior Swim	15.30 - 16.00 Private Lessons	16.00 - 17.30 Swim School	17.35 - 19.00 5 Lane Swimming 17.30 - 19.00 Private Lessons	19.00 - 20.00 3 Lane Swim & Casual	20.00 - 21.00 4 Lane Swim DIS-SPORT
<b>Wed</b> *01/08 *08/08 **15/08		07.00 - 08.55 4 Lane Swimming & Double Slow Lane	09.00 - 10.30 Crash Courses	10.30 - 11.00 Private Lessons	11.00 - 12.00 3 lane Swimming & Casual	12.00 - 14.00 4 Lane Swimming & Casual	14.00 - 15.30 Fun Swim with Play Rafts	15.30 - 16.00 Private Lessons	16.00 - 17.45 Swim School	17.45 - 19.00 6 Lane Swimming	*19.00 - 20.00 5 Lane Swim * Private Lessons **19.00 - 20.00 Bluefins	20.00 - 21.00 4 Lane Swimming & Double Slow Lane	
<b>Thur</b> 02/08 09/08 16/08		07.00 - 08.55 4 Lane Swimming & Casual	09.00 - 10.30 Crash Courses	10.45 - 11.45 Obstacle Course & Fun Swim	12.00 - 13.55 4 Lane Swimming & Casual	14.00 - 14.45 AquaFit	14.45 - 15.45 Swim School	16.00 - 17.45 Swim School	17.45 - 19.00 5 Lane Swimming Private Lessons	19.15 - 20.00 AquaFit	20.00 - 21.00 3 Lane Swimming & Casual LADIES ONLY		
<b>Fri</b> 03/08 10/08 17/08		07.00 - 08.55 4 Lane Swimming & Double Slow Lane	09.00 - 10.30 Crash Courses	10.30 - 12.00 3 Lane Swimming & Casual	12.00 - 14.00 4 Lane Swimming & Casual	14.00 - 15.00 Dementia Friendly Swim & Visually Impaired Swim	15.00 - 16.00 Private Lessons	16.00 - 17.30 Swim School	17.35 - 19.00 4 Lane Swimming & Casual	19.00 - 21.00 6 Lane Swim ADULTS ONLY			
<b>Sat</b> *04/08 *11/08 **18/08		08.05 - 08.55 3 Lane Swim & Casual	09.00 - 13.00 Swim School	13.00 - 14.30 3 Lane Swimming & Casual	14.45 - 16.45 Fun Swim with Play Rafts * 15.00 - 16.30 POOL DISCO**	17.00 - 21.00 Available for Hire Call 01256 302224 email: nicola.searle@mybst.org							
<b>Sun</b> 05/08 12/08 19/08		08.05 - 10.00 4 Lane Swimming & Double Slow Lane	10.00 - 12.00 Fun Swim with Play Rafts	12.00 - 13.30 3 Lane Swimming & Casual	13.30 - 15.25 Fun Swim with Play Rafts Private Lessons	15.30 - 17.30 Swim School	17.30 - 19.00 3 Lane Swimming & Casual	19.00 - 21.00 Staff Training	17.30 - 21.00 Private Lessons				

- \* Saturday 04/08/18 & 11/08/18 Fun Swim with Play Rafts
- \*\* Saturday 18/08/18 Pool Disco
- \* Wednesday 01/08/18 & 08/08/18 5 Lane swim & Private Lessons
- \*\* Wednesday 15/08/18 Bluefins (6 Lanes)

**Important Information:** Please refer to the Basingstoke Sports Centre Pool Admission Policy for accompanying children under the age of 8 on our website mybst.org

TEACHING POOL

<b>Mon</b> 30/07 06/08 13/08 20/08	<b>06.35 - 07.00 Members Only 06.00 on Tuesdays</b>	07.00 - 08.30 Casual Swim	08.30 - 10.30 Crash Courses	10.30 - 11.30 Private Lessons	11.30 - 12.30 Swim School	12.30 - 13.30 Little Splashers	13.30 - 14.30 Swim School	14.30 - 15.30 Casual Swim	15.30 - 16.00 Private Lessons	16.00 - 18.00 Swim School	18.00 - 19.00 Private Lessons	19.00 - 21.00 Swim School
<b>Tue</b> 31/07 07/08 14/08		07.00 - 08.30 Casual Swim	08.30 - 10.30 Crash Courses	10.30 - 12.00 Swim School	12.00 - 13.30 Little Splashers	14.00 - 14.30 Private Lessons	14.30 - 15.30 Senior Swim	15.30 - 16.00 Private Lessons	16.00 - 18.30 Swim School	18.30 - 19.00 Private Lessons	19.00 - 20.00 Casual Swim	20.00 - 21.00 DIS-SPORT
<b>Wed</b> 01/08 08/08 15/08		07.00 - 08.30 Casual Swim	08.30 - 10.30 Crash Courses	10.30 - 12.00 Swim School	12.00 - 14.00 Little Splashers	14.00 - 15.30 Fun Swim with Play Rafts	15.30 - 16.00 Private Lessons	16.00 - 19.00 Swim School	19.00 - 21.00 Private Lessons			
<b>Thur</b> 02/08 09/08 16/08		07.00 - 08.30 Casual Swim	08.30 - 10.30 Crash Courses	10.30 - 11.00 Private Lessons	11.00 - 11.30 Swim School	12.00 - 13.00 Little Splashers	13.00 - 14.00 Swim School	14.45 - 15.45 Swim School	16.00 - 18.30 Swim School	19.00 - 21.00 Private Lessons		
<b>Fri</b> 03/08 10/08 17/08		07.00 - 08.30 Casual Swim	08.30 - 10.30 Crash Courses	10.30 - 12.00 Swim School	12.00 - 13.30 Little Splashers	13.30 - 14.00 Swim School	14.00 - 15.00 Dementia Friendly Swim & Visually Impaired Swim	15.30 - 16.00 Private Lessons	16.00 - 19.00 Swim School	19.00 - 21.00 Casual Swim		
<b>Sat</b> *04/08 *11/08 **18/08		08.05 - 09.55 Casual Swim	10.00 - 13.30 Swim School	13.30 - 14.30 Casual Swim	14.45 - 16.45 Fun Swim with Play Rafts * 15.00 - 16.30 POOL DISCO**	17.00 - 21.00 Available for Hire Call 01256 302224 email: nicola.searle@mybst.org						
<b>Sun</b> 05/08 12/08 19/08		08.05 - 10.00 Casual Swim	10.00 - 12.00 Fun Swim with Play Rafts	12.00 - 13.30 Little Splashers	13.30 - 15.25 Fun Swim with Play Rafts	15.30 - 18.00 Swim School	18.00 - 19.00 Private Lessons					

Pool Programme subject to change.

Tuesday 06.00 - 07.00 (3 Lanes, No Casual Swim) Members Only

# SUMMER POOL PROGRAMME 2018

## Tuesday 21st August - Sunday 2nd September 2018

2

MAIN POOL

<b>Mon</b> 27/08	08.05 - 12.30 Casual Swim				<b>BANK HOLIDAY - 12.30 POOL CLOSED</b>							
<b>Tue</b> 21/08 28/08	07.00 - 08.55 4 Lane Swimming & Casual 06.00 Members Only	09.00 - 10.30 Crash Courses	10.30 - 11.00 Private Lessons	11.05 - 11.50 AquaFit	12.00 - 14.00 4 Lane Swimming & Casual	14.00 - 14.30 Private Lessons	14.30 - 15.30 Senior Swim	15.30 - 17.30 Casual Swim	17.35 - 19.00 5 Lane Swimming	19.00 - 20.00 3 Lane Swim & Casual	20.00 - 21.00 4 Lane Swim	
<b>Wed</b> 22/08 29/08	07.00 - 08.55 4 Lane Swimming & Double Slow Lane	09.00 - 10.30 Crash Courses	10.30 - 12.00 3 lane Swimming & Casual	12.00 - 14.00 4 Lane Swimming & Casual	14.00 - 15.30 Fun Swim with Play Rafts	15.30 - 17.30 Casual Swim	17.35 - 19.00 6 Lane Swimming	19.00 - 20.00 Swimming Club Bluefins	20.00 - 21.00 4 Lane Swimming & Double Slow Lane			
<b>Thur</b> 23/08 30/08	07.00 - 08.55 4 Lane Swimming & Casual	09.00 - 10.30 Crash Courses	10.45 - 11.45 Obstacle Course & Fun Swim	12.00 - 13.55 4 Lane Swimming & Casual	14.00 - 14.45 AquaFit	14.45 - 15.45 Swim School	16.00 - 17.30 Casual Swim	17.35 - 19.00 5 Lane Swimming	19.15 - 20.00 AquaFit	20.00 - 21.00 3 Lane Swimming & Casual <b>LADIES ONLY</b>		
<b>Fri</b> 24/08 31/08	07.00 - 08.55 4 Lane Swimming & Double Slow Lane	09.00 - 10.30 Crash Courses	10.30 - 12.00 3 Lane Swimming & Casual	12.00 - 14.00 4 Lane Swimming & Casual	14.00 - 15.00 Dementia Friendly Swim & Visually Impaired Swim	15.30 - 17.30 Casual swim	17.35 - 19.00 4 Lane Swimming & Casual	19.00 - 21.00 6 Lane Swim <b>ADULTS ONLY</b>				
<b>Sat</b> *25/08 **01/09	08.05 - 09.00 3 Lane Swim & Casual	09.00 - 14.30 3 Lane Swimming & Casual			14.45 - 16.45 Fun Swim with Play Rafts**	17.00 - 21.00 Available for Hire Call 01256 302224 email: nicola.searle@mybst.org						
<b>Sun</b> 26/08 02/09	08.05 - 10.00 4 Lane Swimming & Double Slow Lane	10.00 - 12.00 Fun Swim with Play Rafts	12.00 - 13.30 3 Lane Swimming & Casual	13.30 - 15.30 Fun Swim with Play Rafts	15.30 - 17.30 Casual Swim	17.30 - 19.00 3 Lane Swimming & Casual	19.00 - 21.00 Staff Training					

\* Saturday 25/08/18 Obstacle Course

\*\* Saturday 01/09/18 Fun Swim with Play Rafts

**Important Information:** Please refer to the Basingstoke Sports Centre Pool Admission Policy for accompanying children under the age of 8 on our website mybst.org

TEACHING POOL

<b>Mon</b> 27/08	08.05 - 12.30 Casual Swim				<b>BANK HOLIDAY - 12.30 POOL CLOSED</b>							
<b>Tue</b> 21/08 28/08	07.00 - 08.30 Casual Swim	08.30 - 10.30 Crash Courses	10.30 - 12.00 Private Lessons	12.00 - 14.00 Little Splashes	14.00 - 14.30 Private Lessons	14.30 - 15.30 Senior Swim	15.30 - 18.00 Casual Swim	18.00 - 20.00 Casual Swim	20.00 - 21.00 DIS-SPORT			
<b>Wed</b> 22/08 29/08	07.00 - 08.30 Casual Swim	08.30 - 10.30 Crash Courses	10.30 - 12.00 Casual Swim	12.00 - 14.00 Little Splashes	14.00 - 15.30 Fun Swim with Play Rafts	15.30 - 18.00 Casual Swim	18.00 - 21.00 Casual Swim					
<b>Thur</b> 23/08 30/08	07.00 - 08.30 Casual Swim	08.30 - 10.30 Crash Courses	10.45 - 11.45 Fun Swim With Play Rafts	12.00 - 14.00 Little Splashes	14.45 - 15.45 Swim School	16.00 - 18.00 Casual Swim	18.00 - 21.00 Casual Swim					
<b>Fri</b> 24/08 31/08	07.00 - 08.30 Casual Swim	08.30 - 10.30 Crash Courses	10.30 - 12.00 Casual Swim	12.00 - 14.00 Little Splashes	14.00 - 15.00 Dementia Friendly Swim & Visually Impaired Swim	15.30 - 18.00 Casual Swim	18.00 - 21.00 Casual Swim					
<b>Sat</b> 25/08 01/09	08.05 - 11.00 Casual Swim	11.00 - 14.30 Casual Swim		14.45 - 16.45 Fun Swim with Play Rafts	17.00 - 21.00 Available for Hire Call 01256 302224 email: nicola.searle@mybst.org							
<b>Sun</b> 26/08 02/09 19/08	08.05 - 10.00 Casual Swim	10.00 - 12.00 Fun Swim with Play Rafts	12.00 - 13.30 Little Splashes	13.30 - 15.30 Fun Swim with Play Rafts	15.30 - 17.30 Casual Swim	17.30 - 19.00 Casual swim						

Pool Programme subject to change.

Tuesday 06.00 - 07.00 (3 Lanes, No Casual Swim) Members Only