

Half Term Crash Courses

Daily 25 minute lessons aiming to kick-start your child's confidence in the water whilst improving their swimming techniques.



Tuesday 1st June - Friday 4th June

4 day course **£22.50**

Main Pool	
10:30 - 10:55	11:00 - 11:25
Yellow Learning to swim 10m Frontcrawl & Backstroke	Orange Learning to swim 5m Front & Back unaided
Green Learning to swim up to 50m Frontcrawl, Backstroke & Breaststroke	Yellow Learning to swim 10m Frontcrawl & Backstroke

Teaching Pool	
15:00 - 15:25	15:30 - 15:55
Red Non Swimmers 5+ years	Early Learners Non Swimmers 4-5 years
Orange Learning to swim 5m Front & Back unaided	Pre-school Non Swimmers 3-4 years

Stroke Workshops

10:30 - 11:25

55 minute lessons **£7 each**

This 55 minute session is designed for those in Aqua/Stage 5 & above. Daily sessions will focus on different strokes & their components to gain rapid improvement.

Tuesday	Wednesday	Thursday	Friday
Butterfly	Backstroke	Breaststroke	Frontcrawl

To book please call Swim School on 01256 302204 or email dolphin@mybst.org

