

# Half Term Crash Courses

Daily 25 minute lessons aiming to kick-start your child's confidence in the water whilst improving their swimming techniques.



**5 day course £27.50**  
Main Pool

**4 day course £22.50**  
Teaching Pool (Excludes Thursday)

**Monday 26th October - Friday 30th October**

<b>11:00 - 11:25</b>	<b>11:35 - 12:00</b>	<b>12:10 - 12:35</b>
<b>Teaching Pool</b>		
<b>Red</b> Non Swimmers	<b>Pre-school</b> Non Swimmers 3-4 years	<b>Red</b> Non Swimmers
<b>Main Pool</b>		
<b>Yellow</b> Learning to swim 10m Frontcrawl & Backstroke	<b>Orange</b> Learning to swim 5m Front & Back unaided	<b>Green</b> Learning to swim up to 50m Frontcrawl, Backstroke & Breaststroke
<b>Orange</b> Learning to swim 5m Front & Back unaided	<b>Green</b> Learning to swim up to 50m Frontcrawl, Backstroke & Breaststroke	<b>Yellow</b> Learning to swim 10m Frontcrawl & Backstroke

## Stroke Workshops

**11:00 - 12:00**

**1 hour lessons £7 each**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Frontcrawl	Backstroke	Butterfly	Breaststroke	Frontcrawl

To book please call Swim School  
on **01256 302204** or email  
[dolphin@mybst.org](mailto:dolphin@mybst.org)

