



Swim School Guide to Re-opening April 2021



To protect yourself and others during your visit, face coverings are mandatory in all areas of the club. (Unless you are medically exempt)

Please adhere to Social Distancing Measures.

Arriving at the Club

- Please arrive 5 minutes before your swim. If you arrive too early, you may be turned away and asked to return later. Any swimmers arriving after the advertised start time of the lesson may also be turned away due to building flow restrictions.
- When you arrive at the club, you may have to queue. A team member will be there to assist you. Please ensure you follow social distancing guidelines. We ask that you disinfect your hands prior to entering the Club.
- As you may be waiting outside the Club, we suggest you bring an umbrella and a coat with you in case of bad weather.
- Please arrive “Beach Ready” and raring to go for your lesson as the changing facilities will not be available.
- “Beach Ready” also extends to caps and goggles. Teachers are unable to assist with the fitting and adjusting of these in line with all current guidelines.

Please note: There will be a small selection of hats and goggles available in the vending machine on site.

- To make sure that you stay safe in the club and that we can accommodate you in lessons, it is mandatory that the parent/guardian/carer of the child wear a face covering in all areas of the Club.
- Only 1 Adult per child or family group will be allowed to supervise their child during swimming lessons.
- All children must be supervised throughout the duration of their visit.

Reception Area

- Once inside the Club, swipe your membership card at the reception turnstile in order to gain access. If you cannot find your card, you will need to purchase a replacement card for the fee of £3.
- Only those members with a booking for a lesson will be allowed into the Club. Once the lesson has finished, please leave the Club promptly.
- If you have used the Club Carpark you must enter your car registration into the tablet provided in the reception area. This must be done within 10 minutes of your arrival time so that you do not incur a charge.

Changing rooms

- We will be implementing a one-way system throughout the Club for our swimming lessons, please follow direction signs and staff guidance throughout the Club to minimise contact.
- All swimmers and parents/guardians/carers should enter the female changing area, once in the changing room please assist your child to promptly de-robe and make their way to poolside.

It is essential that your child arrives beach ready as the changing areas will be a unisex facility and are used by both male and female members during swimming times.

- Arm discs will be available at the entrance to the pool. The Teacher will be socially distancing so the parent/guardian/carer will be required to assist their child with putting on their buoyancy aids. (Note: If your child has not been swimming for a while they may need more discs than before and these can always be removed during the lesson).
- Once de-robed the swimmer needs to sit and wait on poolside in the area next to where they will be swimming. Parent/Guardian/Carer may then exit the female changing area and make their way to the pool viewing area.
- Changing room lockers will not be available; you will be responsible for looking after your child's belongings during the lesson. We recommend you place them in a small bag and keep them with you at all times.
- Although Changing Rooms will be closed to the rest of the club, the toilets will still be used by other members. Please use the correct gendered toilets during your visit.

During the Swimming Lessons

- Parents are not permitted to go onto poolside unless invited by the instructor. Parent/Guardian/Carer can watch their child swim from the viewing area.
- **During your child's lesson, you must remain in the club for the duration.** We recommend you remain in the pool viewing area **with your face covering on during lessons.**
- If the child is a beginner or nervous swimmer then the Parent/Guardian/Carer **must** arrive "Beach Ready" for the lesson as the child may require assistance in the water. Our Teachers are currently unable to enter the water in line with Swim England & STA guidelines but will do everything they can to help you and your child in their swimming lesson.
- Please be aware and ready to return to poolside should your child need to help with adjusting their goggles, cap, arm discs etc. or require help climbing out of the pool
- The current guidelines recommend you bring your own equipment to swimming lessons. We will still provide equipment that will be cleaned regularly, however you may bring your own arm discs or kickboard.

After the lesson

- Your child will exit poolside into the Male Changing Room. **Showers facilities are available to rinse off only- no soaps or shampoos please. Minimise times spent in shower and changing room to 10 minutes.**

Other

- Water can be purchased from the vending machine in reception.
- Changing facilities will be available for customers with disabilities or additional needs. Please advise Reception on arrival who will be more than happy to assist.

We appreciate that some things may be very different to how they were before the pandemic. Whilst these changes are required to be able to provide a safe space for everyone, it is only possible with your help. We therefore thank you for your continued support and assistance.

Please note that the guide has been produced to ensure we are compliant with the UK Government's Covid-Secure guidance and in conjunction with advice from national organisations such as Public Health England, UKactive, CIMSPA, Community Leisure UK, Swim England, and STA & The RLSS. The guide will be reviewed as advice is updated and amended as required.

Enjoyed your Visit?

Should you have any questions or queries, in the first instance please check our website at <https://www.mybst.org/newbury>. Alternatively, email us at newburyswimschool@mybst.org