

TERM TIME 25M MAIN POOL TIMETABLE

MON	06.35 - 07.00 Members only, starts at 06.00 on Tuesdays	07.00 - 09.00 4 LANE SWIM & DOUBLE SLOW	09.30 - 11.30 SCHOOLS	11.30 - 14.00 4 LANE SWIM & CASUAL	14.00 - 17.45 SWIM SCHOOL			17.45 - 19.00 6 LANE SWIM *	18.30 - 20.30 SWIM SCHOOL	19.00 - 20.30 BLUEFINS	20.30 - 21.30 ADULT FITNESS TRAINING*	
TUE		07.00 - 09.00 4 LANE SWIM & CASUAL	09.30 - 11.00 SCHOOLS	11.05 - 11.50 AQUAFIT	12.00 - 13.45 4 LANE SWIM & CASUAL	13.45 - 14.30 SCHOOLS	14.30 - 15.30 SENIOR SWIM		16.00 - 17.30 SWIM SCHOOL	17.35 - 19.00 5 LANE SWIM PRIVATE LESSONS	19.00 - 20.00 BLUEFINS	20.00 - 21.00 4 LANE SWIM DIS - SPORT
WED		07.00 - 09.00 4 LANE SWIM & DOUBLE SLOW	09.30 - 11.00 SCHOOLS	11.00 - 12.00 3 LANE SWIM & CASUAL	12.00 - 14.00 4 LANE SWIM & DOUBLE SLOW	14.00 - 15.00 SCHOOLS		15.00 - 17.45 SWIM SCHOOL		17.45 - 19.00 6 LANE SWIM	19.00 - 20.00 BLUEFINS	20.00 - 21.00 4 LANE SWIM & DOUBLE SLOW
THU		07.00 - 09.00 4 LANE SWIM & CASUAL	09.30 - 12.00 SCHOOLS		12.00 - 13.55 4 LANE SWIM & DOUBLE SLOW	14.00 - 14.45 AQUAFIT	14.45 - 17.45 SWIM SCHOOL		17.45 - 19.00 5 LANE SWIM PRIVATE LESSONS	19.15 - 20.00 AQUAFIT	20.00 - 21.00 3 LANE SWIM & CASUAL LADIES ONLY	
FRI		07.00 - 09.00 4 LANE SWIM & DOUBLE SLOW	09.30 - 12.00 3 LANE SWIM & CASUAL	12.00 - 14.00 4 LANE SWIM & DOUBLE SLOW	14.00 - 15.00 DEMENTIA FRIENDLY & VISUALLY IMPAIRED SWIM		15.30 - 16.00 PRIVATE LESSONS	16.00 - 17.30 SWIM SCHOOL	17.35 - 19.00 4 LANE SWIM & CASUAL	19.00 - 21.00 BLUEFINS 2 LANE SWIM ADULTS ONLY		
SAT			08.00 - 09.00 BLUEFINS	09.00 - 13.00 SWIM SCHOOL		13.00 - 14.30 3 LANE SWIM & CASUAL	14.45 - 16.45 FUN SWIM & PLAY RAFTS		17.00 - 21.00 AVAILABLE FOR HIRE contact: 01256 302224 or email: nicola.searle@mybst.org			
SUN			08.05 - 10.00 4 LANE SWIM & DOUBLE SLOW	10.00 - 12.00 FUN SWIM & PLAY RAFTS	12.00 - 13.30 3 LANE SWIM & CASUAL	13.30 - 15.25 FUN SWIM & PLAY RAFTS PRIVATE LESSONS		15.30 - 17.30 SWIM SCHOOL	17.35 - 19.00 3 LANE SWIM & CASUAL	19.00 - 21.00 STAFF TRAINING PRIVATE LESSONS		

Important Information: 06.35 - 07.00 weekday sessions are for members only, Tuesday members swim starts at 06.00. Bank Holidays 08.05 - 12.30 (3 lanes and casual). Adult Fitness Training, please book in advance. Monday 17.45- 19.00 *3 Lane swim from 18.30 - 19.00. Also, please refer to the Basingstoke Sports Centre Pool Admission Policy for accompanying children under the age of 8 on our website: mybst.org/basingstoke
The Pool Programme is subject to change. Please see our website for a 'live' timetable.

TERM TIME TEACHING POOL TIMETABLE

MON	06.35 - 07.00 Members only, starts at 06.00 on Tuesdays	07.00 - 09.00 CASUAL SWIM	09.30 - 11.30 SCHOOLS	11.30 - 12.30 SWIM SCHOOL	12.30 - 13.30 LITTLE SPLASHERS	13.30 - 14.30 SWIM SCHOOL	14.30 - 16.00 PRIVATE LESSONS	16.00 - 18.00 SWIM SCHOOL	18.00 - 19.00 PRIVATE LESSONS	19.00 - 21.00 SWIM SCHOOL		
TUE		07.00 - 09.00 CASUAL SWIM	09.30 - 12.00 SWIM SCHOOL	12.00 - 13.30 LITTLE SPLASHERS		13.30 - 14.30 SWIM SCHOOL	14.30 - 16.00 PRIVATE LESSONS	16.00 - 18.30 SWIM SCHOOL	18.30 - 20.00 PRIVATE LESSONS	20.00 - 21.00 DIS - SPORT		
WED		07.00 - 09.00 CASUAL SWIM	09.30 - 12.00 SWIM SCHOOL	12.00 - 13.30 LITTLE SPLASHERS		13.30 - 14.30 SWIM SCHOOL	14.30 - 16.00 PRIVATE LESSONS	16.00 - 19.00 SWIM SCHOOL		19.00 - 21.00 PRIVATE LESSONS		
THU		07.00 - 09.00 CASUAL SWIM	09.30 - 11.00 SCHOOLS	11.00 - 12.15 SWIM SCHOOL	12.15 - 13.00 LITTLE SPLASHERS	13.00 - 18.30 SWIM SCHOOL				18.30 - 21.00 PRIVATE LESSONS		
FRI		07.00 - 09.00 CASUAL SWIM	09.30 - 12.00 SWIM SCHOOL	12.00 - 13.30 LITTLE SPLASHERS		13.30 - 14.00 SWIM SCHOOL	14.00 - 15.00 DEMENTIA FRIENDLY SWIM & VISUALLY IMPAIRED SWIM	15.30 - 16.00 PRIVATE LESSONS	16.00 - 19.00 SWIM SCHOOL		19.00 - 21.00 PRIVATE LESSONS	
SAT			08.00 - 13.30 SWIM SCHOOL			13.30 - 14.45 CASUAL SWIM		14.45 - 16.45 FUN SWIM & PLAY RAFTS		17.00 - 21.00 AVAILABLE FOR HIRE contact: 01256 302224 or email: nicola.searle@mybst.org		
SUN			08.05 - 10.00 CASUAL SWIM	10.00 - 12.00 FUN SWIM & PLAY RAFTS	12.00 - 13.30 LITTLE SPLASHERS	13.30 - 15.25 FUN SWIM & PLAY RAFTS		15.30 - 18.00 SWIM SCHOOL		18.00 - 21.00 PRIVATE LESSONS		