

BASINGSTOKE SPORTS CENTRE

# Walking Netball

**DROP IN  
SESSIONS**  
only £3.25

**Interested?**

Walking Netball is a slowed down and relaxed version of the game of Netball.

This Course is designed for anyone looking to exercise in a friendly relaxed and supportive environment.

Walking Netball is for all ages and abilities and every session begins with a gentle warm-up.

**EVERY MONDAY**

**10:00- 11:00am**

**Book now at Reception**

**or call 01256 302230**

**Questions?**

For more information please contact Nicola Searle on  
01256 302224 | [nicola.searle@mybst.org](mailto:nicola.searle@mybst.org)

**1st  
session  
FREE**