

BASINGSTOKE SPORTS CENTRE

Walking Netball

**DROP IN
SESSIONS**
only £3.25 to pay & play

Walking Netball is a slowed down and relaxed version of the game of Netball. This Course is designed for anyone looking to exercise in a friendly, relaxed and supportive environment. Walking Netball is for all ages and abilities and every session begins with a gentle warm-up.

Interested?

EVERY MONDAY

10:00- 11:00am

Book now at Reception

or call 01256 **302230**

Questions?

For more information please contact Nicola Searle on
01256 302224 | nicola.searle@mybst.org

