

BASINGSTOKE SPORTS CENTRE

Walking Netball

**DROP IN
SESSIONS**
only £3.35

Interested?

Walking Netball is a slowed down and relaxed version of the game of Netball. This Course is designed for anyone looking to exercise in a friendly relaxed and supportive environment. Walking Netball is for all ages and abilities and every session begins with a gentle warm-up.

EVERY MONDAY

10:00- 11:00am

Book now at Reception

or call 01256 302230

Questions?

For more information please contact Nicola Searle on
01256 302224 | nicola.searle@mybst.org

**1st
session
FREE**